

# Making Connections

The Alzheimer Society of Dufferin County hosts an opportunity for caregivers and/or loved one with dementia to have a break - through our **Making Connections Program**.

These gatherings involve a variety of activities to choose from (ie board games, Wii activity, scrapbooking), as well as a different special activity each month (outing, memory book, art, movie, etc). The events end with a lunch and time to chat and share stories.

We would love for you to join us for a fun relaxing morning, followed by a lunch, but you must register in advance. There is no charge for this program.

## Upcoming 2011 Dates:

January 22	April 16
February 19	May 14
March 26	June 18

**Where:** 25 Centennial Road, Unit 1  
**When:** 10:00 am to 1:00 pm (includes light lunch)

**If you are interested, please register ahead**

Call us at 519-941-1221

Our gatherings have provided participants with the opportunity to try things they never have before. Some have even been inspired to continue these activities at home! Here is what some of our participants have had to say about our Making Connections sessions:

***"These sessions are great! We always do such fun things!" – MW***

***"I always look forward to the next event, because I never know what to expect." – RJ***

***"I'm so glad I came. I had a really good time." – TM***

